



# Creating a Strategic Attraction Plan

In order to create the ideal relationship, there are certain things you need to know and do.

For one, start dreaming about this ideal partnership. What does it look like? What are some things you two do together? How does it feel to be in this partnership? How do you treat each other?

It's really important that you take the time to dream about this ideal relationship. And it may take you some time to visualize this especially if you've been single a long time. As you do, you'll become more excited about it and committed to it. You are either committed to what you have now or to creating your vision for the future.

As you are clearer about the relationship – how it feels and how it works – then you identify your mate in this vision. Who is this person and what qualities do they possess? Below you will find specific questions for answering this question.

You also need to know who *you* are in this vision of yours. How are *you* different than the person you are right now? What qualities must *you* possess in order to attract this ideal mate? You must identify these qualities and cultivate them. When you've become the person in the dream, you will naturally and energetically attract your mate.

Now, when you meet a potential mate, you must stay focused on the “ingredients” or qualities you've identified as important for creating this ideal relationship. This potential partner either has the qualities – or most of them – or they don't. Don't waste time or energy with people who don't have what it takes. If you meet the wrong person and are too eager, you could compromise your values, and without the right ingredients, you cannot create the recipe – or the relationship – you seek.

And that is the bottom line, even when you meet the person with the right stuff, the relationship you want doesn't exist; you have to create it. That is why the ingredients are so important. Until you meet Mr. or Ms. Right, focus on identifying the qualities – the ingredients – for both you and that person. This works. I've seen it work for others and I've had it work in my own life. It takes *time* to work. How much time depends upon how honest you are with yourself about where you are in the process and how much you need to work on in order to prepare yourself to attract the ideal mate.

You must believe that attracting the ideal mate will be easy if you take the right steps. It will happen but it may take awhile before you are ready to embrace the love of your life. You have to be ready to embark upon this kind of mature relationship. I have talk with numerous people who came to realize that they are simply not yet ready for a relationship. But this is great for them! Because once they know they aren't ready, it takes the pressure off. They can embrace being single for the time being and prepare themselves for the time when they will be ready.

I like the questions posed by Jan and Stacy so follow these instructions to get yourself started. If I can help you along the way, don't struggle! Contact me. I'm a phone call or email away...

The following questions were written by Jan Brogniez and Stacy Hall from their book, “*Attracting Perfect Customers.*”

1. What are the qualities, characteristics, and attributes of the ideal partner/mate/client/customer?

What's the perfect fit for you? This will be a list that you add to and review on a regular basis. These need to be positive and the more specific the better.

2. What makes this person tick?



Julie Fuimano, MBA, BSN, RN, CSAC | CEO of Nurturing Your Success Inc., A Coaching & Publications Co.

P: 610.277.2726 | Julie@NurturingYourSuccess.com

PO Box 851, Blue Bell, PA 19422 | www.NurturingYourSuccess.com



This is really about what makes YOU tick. What is most important to you? What's the mean for you? You have to get to the core of what is truly most important for you so don't necessarily go with the first thing that comes to mind. It's about luxuriating in the core of the answer, not coming up with a quick answer. When you come up with the answer, ask yourself, "If you could never have this, would life be worth living?" Then, you'll have your answer.

3. What do I want my perfect partner/mate/client/customer to expect of me?

This will be a list as well. It is about you and what this person will expect of you.

4. What am I in the process of improving to be more attractive?

Go back to #3 and circle everything that you are working on. These are your answers for this question.

Add a new item to #1 and #3 every day and look at your plan every day.

Once you find the right partner and begin your journey, you can continue to work with these questions to make the relationship great. You still need to have a clear vision for the relationship and you still need to work on being your best self in order to continue to be attractive to this wonderful partner that you have welcomed into your life.

Good luck with this. Let me know if you'd like some support in making your dreams become reality.

Your partner for success,

*Julie*

P.S. What is the biggest thing that stands in your way to attracting the man or woman of your dreams? Want to find out??? Contact me today for your free 6 Advisors Assessment.



Julie Fuimano, MBA, BSN, RN, CSAC | CEO of Nurturing Your Success Inc., A Coaching & Publications Co.

P: 610.277.2726 | [Julie@NurturingYourSuccess.com](mailto:Julie@NurturingYourSuccess.com)

PO Box 851, Blue Bell, PA 19422 | [www.NurturingYourSuccess.com](http://www.NurturingYourSuccess.com)