

For Immediate Release
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Julie Fuimano, Nurturing Your Success, Named One of Top 100 in Personal Excellence

January 14, 2008 Blue Bell, PA – *Personal Excellence*, the magazine of life leadership, has named **Julie Fuimano**, owner of **Nurturing Your Success**, as one of their Top 100 thought leaders.

Personal Excellence sets the bar high for those desiring to rank on their Top 100 list. The Top 100 had to score high in eight specific areas: *preparation – academic, life and professional; character – values, beliefs, etc.; principles; personality – originality, charisma; performance – work ethic; experience; expression – substance and style in communications; influence.* Ms. Fuimano comments, “I am extremely honored to be one of *Personal Excellence’s* Top 100 thought leaders. This is a group of highly successful, influential and well-known coaches, consultants, authors, speakers, and mentors. I am proud to be in such great company.” In addition to Ms. Fuimano, the list includes such high profile thought leaders as Oprah Winfrey, Wayne Dyer and Suze Orman.

In her efforts to help others reach their potential, Ms. Fuimano offers invaluable coaching services, products and is the author of *The Journey Called You: A Roadmap to Self-Discovery and Acceptance*. She is active in organizations including the International Coach Federation, Philadelphia Area Coaches Alliance, and the Women’s Referral Network of Montgomery County.

Ms. Fuimano launched **Nurturing Your Success** in 2001 with a mission to empower, inspire and educate her clients and help them learn to access the power to change their lives. For more information visit www.nurturingyoursuccess.com, or call (610) 277-2726.

Personal Side of Leadership

The top 100 minds on personal development.



by Ken Shelton

Since 1995, we have published *Personal Excellence*, the magazine of life leadership; however, this is the first year, we have ranked the 100 top minds on the personal side of leadership, using eight criteria (see below) and a seven-dimension model: physical, mental, social/emotional, professional, financial, spiritual, service.

Criteria for Ranking

What does it take today to be considered a top thought leader in the field of personal leadership development? As with *Leadership Excellence* (see our ranking of the top 100 thought leaders in team and organizational leadership development in the November issue of LE), the standards and expectations keep rising. The coaches and consultants, authors and speakers, mentors and gurus who make our *Personal Excellence 100* list today score well on the following eight criteria:

1. **Preparation:** Academic, professional, and life preparation.

2. **Character:** values, ethics, beliefs, purpose, mission, integrity, walk the talk.

3. **Principles:** big message, point of view, tenets, main points.

4. **Personality:** charisma, style, originality, authenticity, one of a kind.

5. **Performance:** inspiring action, real-world performance, work ethic.

6. **Experience:** beyond local and regional, more national and international.

7. **Expression:** substance and style in writing, speaking, coaching, consulting, mentoring, training, or teaching.

8. **Influence:** difference, results, change, transformation.



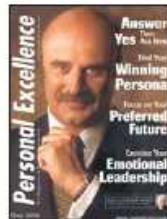
Wayne Dyer



Oprah Winfrey



Laura Schlessinger

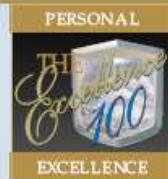


Dr. Phil

The Excellence 100

For the past 13 years, we have published the best minds in the field of personal and professional development around a *Seven Dimension Model of Personal Excellence*. And soon, we will introduce our searchable archive of some 3,200 PE articles in the new *Personal Coach* CD and on-line access.

Here's our 2007 listing of the Top 100 thought leaders:



1. Robert Kiyosaki
2. Wayne Dyer
3. Les Brown
4. Joel Osteen
5. Tom Peters
6. Depak Chopra
7. Laura Schlessinger
8. Jim Loehr
9. Dave Ulrich
10. Charles Garfield
11. Lance Armstrong
12. Denis Waitley
13. Brian Tracy

14. Cheryl Richardson
15. Zig Ziglar
16. Peter Block
17. Marshall Goldsmith
18. Nathaniel Branden
19. Oprah Winfrey
20. Stephen R. Covey
21. Lou Tioe
22. Tom Crum
23. David Allen
24. Phil McGraw
25. Guy Kawasaki
26. Richard Chang
27. Jim Rohn
28. Tony Alessandra
29. Paul Zane Pilzer
30. Marc Allen
31. Jack Canfield
32. Eileen McDargh
33. Debbie Allen
34. Leslie Groene
35. Steve Young

36. John Maxwell
37. Patricia Fripp
38. Matthew Kelly
39. Ben-Pasamund Zander
40. Ken Shelton
41. Ken Blanchard
42. Chris Widener
43. Eileen McDargh
44. Beverly Kaye
45. Bruce Cryer
46. Mark Victor Hansen
47. Matthew Cossolotto
48. Robert Silverstone
49. Kathy Smith
50. Amanda Gore
51. Suzy Allegra
52. Phil Geldart
53. Charlene Proctor
54. Tony Robbins
55. Hyrum Smith
56. Dave Durand
57. Jim Meier

58. David Brownstein
59. Andy Andrews
60. Joel Barker
61. Suze Orman
62. Julie Fuimano
63. Bob Davies
64. Noah Blumenthal
65. Victoria Castle
66. Jim Cathcart
67. Fran Harris
68. Patrick Lencioni
69. Tony Schwartz
70. Bob Danzig
71. Jimmy Galano
72. Mary Lee LaBay
73. John Izzo
74. Jay Forte
75. Wolf Rinke
76. Leslie Froene
77. John Scherer
78. Angelica Wagner
79. Keith Ferrazzi

80. Richard N. Bolles
81. Jason Womack
82. Nido Qubein
83. Connie Podesta
84. Dianna Booher
85. David Bach
86. Lance Secretan
87. Matthew May
88. Bob Green
89. Robert Moss
90. Martin Seligman
91. Jack Groppe
92. Mike Krzyzewski
93. Valorie Burton
94. Neil Fiore
95. John Strelecky
96. Deb D'Lorio
97. Susan Apollon
98. Michael Shenkman
99. Linda Nacif
100. Tim Galloway